



# Mental health and the environment: Bringing nature back into people's lives

#### Dear colleagues,

The Covid-19 pandemic has taken a devastating toll on our mental health. Join us on 27 January, as we discuss with policymakers, civil society, and other stakeholders how European policies can better reflect the impact of the environment on mental health.

The event will see the official launch of <u>a background paper</u>, produced jointly by IEEP and the Barcelona Institute for Global Health (ISGlobal), that reviews available scientific evidence on the correlation between the environment and people's mental health and well-being in Europe.

On the back of the paper, IEEP and ISGlobal will also launch a policy brief with recommendations on how increasing biodiversity protection can help improve Europeans' mental health and aid in the Covid-19 economic recovery.

27 January 2021 10:30-12:00 CET Online

Register here

## Latest from IEEP





#### Mental health and the environment: How European policies can better reflect the impact of environmental degradation on mental health and well-being

This background paper reviews available scientific evidence on the correlation between the environment and people's mental health and well-being in Europe, and identifies solutions for policymakers. **Read the paper** 

#### Tim Gore joins IEEP to head low carbon and circular economy programme

Oxfam's Tim Gore has joined IEEP this month to head the Low Carbon and Circular Economy (LCCE) Programme. Learn more







#### Europe Sustainable Development Report 2020

IEEP and SDSN have released the second edition of the flagship Europe Sustainable Development Report, which tracks the performance of the European Union, its member states, and other European countries on the 17 Sustainable Development Goals. **Read the report** 

## Think Sustainable Europe welcomes three new members

The network of European sustainability think tanks, founded by IEEP in 2019, has welcomed three new members: the Basque Centre for Climate Change, the Green Tank, and the European office of the International Institute for Sustainable Development. <u>Find</u> <u>out more</u>

## Europe's role in preventing the 'era of pandemics' and protecting biodiversity

The COVID-19 pandemic has had a devastating impact on our health, social and economic well-being. To avert future crises from spiralling out of control, strategies to prevent pandemics need to be in place before the next outbreak occurs. Until now, this has not been the case. **Read the blog** 

#### Browse our website

# Upcoming events

**27 January** 10:30-12:30 CET

**4 February** 9:30-11:30 CET

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#### Getting the prices right: How green taxes and market-based instruments can help to build fairer, more resilient economies

**Save the date** | This high-level conference with European Commissioner Virginijus Sinkevičius will look at the emerging evidence for shifting the focus of taxation towards addressing environmental degredation, such as air and water pollution, based on an upcoming study by an IEEP-led consortium.

#### Think Sustainable Europe



The idea generator behind the Think2030 platform, <u>Think Sustainable Europe</u> is a coalition of sustainability think tanks, including IEEP, Ecologic Institute, IDDRI, SEI, TMG, BC3, the Green Tank, and IISD. The group's aim is to provide policymakers across the continent with sound, science-based analysis and recommendations.

#### Latest from TSE members



- Ecologic: <u>Climate Laws in Europe: Report</u> <u>Summary and Translations</u>
- IDDRI: <u>2021, a crucial geopolitical year for</u> <u>the European Green Deal</u>
- SEI: <u>Slow-onset climate hazards in</u> <u>Southeast Asia: Enhancing the role of</u> <u>social protection to build resilience</u>
- TMG: <u>Knowledge that lasts: Repurposing</u> <u>farmer-led extension models in Benin</u> The Green Teals Exercic Corege
- The Green Tank: <u>Energy Storage</u>
  <u>Technologies: Challenges and Outlook</u>
- IISD: <u>Confronting the Plastic Pollution</u>
- Pandemic
- BC3: <u>Post-2020 biodiversity targets need</u> to embrace climate change

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The Institute for European Environmental Policy (IEEP) is an independent sustainability think tank with offices in Brussels and London. As a not-for-profit organisation with over 40 years of experience, we are committed to advancing impact-driven sustainability policy across the EU and the world.

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